



Centella Asiatica L enhance wound healing potential in dead space wound in diabetic rats

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ABSTRACT

Centella asiatica (*C.asiatica*) is a well-known medicinal herb used in Indian medicine to treat a variety of skin problems. The purpose of the research reported in this article was to assess the wound-healing capacity of the plant's ethanolic extract in diabetic rats. Wistar albino rats were used in the investigation, and dead space wounds were used as a model. When compared to controls, the extract of *C.asiatica* considerably enhanced wound breaking strength in wound models. In a dead space wound model, wet and dry granulation tissue weights, granulation tissue breaking strength, and hydroxyproline, hexuronic acid, tissue protein, and lysyl oxidase content all increased statistically significantly. In a rat model, the results showed that the leaf extract accelerates wound healing substantially.

Key words: *Centella asiatica*, Wound healing; Diabetic; Dead space wound; Granulation tissue; Streptozotocin.

INTRODUCTION

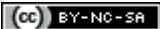
Wounds are inherent and unavoidable in our lives. Various sorts of wounds may necessitate different treatments. Thankfully, the human body has a sophisticated self-healing system. Nonetheless, the care of wounds becomes difficult and often costly when diseases such as microbial infection, diabetes, and poor blood circulation exist (Thakur et al., 2011).¹ To address these issues, a variety of treatments have been introduced to the market that

promise to cure wounds in the quickest period feasible while also reducing pain, discomfort, and scarring.

The goal of this study is to offer *Centella asiatica* (*C.asiatica*) extract as a traditional herb with wound healing characteristics that can help the body recover itself. *C.asiatica* (*L*) Urban is also known as Asiatic pennywort and pegaga in its native region. This plant has been used as medicine from ancient times, particularly in India's

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Ayurvedic system and in Chinese and Madagascar's traditional medicine. Although traditional healers in Malaysia employ *C. asiatica* in herbal treatments, its appeal is limited to that of a vegetable rather than a medicinal plant.

C. asiatica is one of the most essential medicinal plants to be protected and grown, according to the World Health Organization (WHO) (Jabatan Perhutanan Semenanjung Malaysia, n.d.).² Previous research on *C. asiatica* extracts has shown that it can serve as an antioxidant, antibacterial, collagen synthesis agent, and even a wound healer (Taemchuay *et al.* 2009, Hashim *et al.*, 2011, Idrus *et al.*, 2012).^{3,4} According to most research, asiaticoside is the active ingredient responsible for the action. Asiaticoside is a triterpene chemical that forms a saponin glycoside when sugar molecules are attached to a triterpene unit. Glucose–glucose–rhamnose are the sugar molecules. The wound healing ability of *C. asiatica* extract was investigated in diabetic rats utilising a dead space wound model.

Wound healing is frequently hindered in people with diabetes mellitus (DM), resulting in non-healing, delayed healing, or persistent skin ulcers.⁵ In diabetes, delayed wound healing can be caused by an imbalance in the inflammatory response, changed cytokine production, altered collagen synthesis, insufficient angiogenesis, extracellular matrix differentiation, lower tensile strength, or diminished growth factors.^{6,7} Incision and excision wound models were used to investigate the effects of *C. asiatica* on wound healing activities. The tannin impact on a diabetic wound model, on the other hand, is unknown. As a result, the goal of this study is to see how *C. asiatica* affects diabetic wounds.

MATERIALS AND METHODS

Preparation of Ethanol Extract: *C. asiatica* leaves were pulverised after being dried in the shade. The powder (75 g) was extracted in a soxhlet device at 60°C to 75°C with 700 mL of 95 percent ethanol and concentrated. The yield ranged between 10% and 15%. The extract was kept cool in the fridge.

Animals: Healthy Wistar rats of either sex (150–200 g) were utilised in this study with no prior pharmacological treatment. The animals were fed a commercial pellet diet and given unlimited access to water. The animals were acclimatised to laboratory hygienic conditions for 10 days prior to the start of the trial. The therapy was carried out with the approval of the animal ethics committee of King Khalid University, as well as the National Institute of Health's standards for the care and use of laboratory animals in the United States (NIH

Publication No. 85-23, revised 1996). For the dead space wound model, animals of either sex were divided into three groups, each with six animals: Group I- Normal control; group II-diabetic control; and group III received *C. asiatica* (1000 mg/kg/day). The extracts were administered orally to the individual animal groups once a day.

Wound healing activity:

Dead Space wound model: Rathi *et al.* described a technique for creating dead space wounds.⁸ Eighteen rats were divided into three groups of six individuals each. Subcutaneous dead space wounds were produced in the area of the axilla by creating a pouch through a tiny nip in the skin under general anaesthesia (achieved with 10 mg/kg body weight of xylazine hydrochloride and 50 mg/kg ketamine hydrochloride). The development of granulomas was induced by implanting sterile cotton pellets (30 mg) in each axilla. Sutures were used to close the wounds, which were then cleaned with an alcoholic swab. After being grouped together, the animals were placed individually in a metal cage to prevent them from biting each other's wounds.

For 8 days, the treatment groups were given extract or normal saline (1 ml/kg). Rats were euthanized on day 10 and the cotton pellets and granuloma tissues were carefully removed, dried in a 60°C oven, weighed, and compared to the control. The hydroxyproline, hexosamine concentration, and hexuronic acid were determined using the neutralised acid hydrolyzate of the dry tissue. For the measurement of lysyl oxidase and tissue protein, a piece of the moist granulation tissue was utilised.⁹

Induction of diabetes: The rats were given a newly produced solution of streptozotocin (STZ) (Sigma, St. Louis, MO, USA) dissolved in citrate buffer pH 4.5 at a dosage of 65 mg/kg intraperitoneally (i.p.) 15 minutes after receiving 110 mg/kg body weight nicotinamide (HiMedia labs Pvt. Ltd.). The rats were given a 10% glucose solution after 6 hours of STZ treatment for additional 24 hours to prevent hypoglycemia owing to large pancreatic insulin secretion. Blood was collected from the tail veins of the rats 72 hours after the STZ injection, and rats with a fasting blood glucose level of more than 200 mg/dl were deemed diabetic and used in this investigation.¹⁰

Statistical analysis: The information is presented as a mean with a Standard Error Mean (SEM). The differences between means were investigated using one-way analysis of variance (ANOVA), with *p* values less than 0.05 deemed significant. The data was analysed using one-way analysis of variance (ANOVA) with a post hoc Scheffe's test in Graph Pad, and the mean and standard deviation were

calculated. P values less than 0.05 were deemed statistically significant.

RESULTS

The animals treated with *C.asiatica* showed a substantial increase in wound healing activity when compared to those that received placebo control

treatments. The effects of *C.asiatica* given orally for 8 days on wound healing activity in rats with a dead space wound are shown in Table 1. Tannin treatment rats had considerably higher granulation tissue breaking strength and wet and dry granulation tissue weight than diabetic and control rats (table 1).

Table1: Physical and biochemical analysis of granulation tissue in streptozotocin induced diabetic rats

Groups	Blood glucose (mg/dl)	Wet weight (mg/100g rat)	tissue (mg/100g rat)	Dry weight (mg/100g rat)	tissue (mg/100g rat)	Tissue breaking strength (g)
Wounded Control	81.4 ± 8.4	246.2 ± 12.19		30.18 ± 4.81		270.39±15.43
Diabetic Control	275.48 ± 15.8 ^a	172.4 ± 11.02 ^a		21.5 ± 4.40 ^a		177.41±1.60a
<i>C.asiatica</i>	272.30 ± 15.2 ^a	278.5 ± 12.19 ^a		33.4 ± 4.40 ^a		316.19±13.27a

Values are mean ± SD of 6 replications. P values: ^a:<0.01 vs control.

In streptozotocin induced diabetic rats, the concentration of hydroxyl proline in granulation tissue was dramatically reduced. The experimental group's glycosamino glycan contents, such as hexuronic acid and hexosamine concentration, were considerably lower. When diabetic rats were

compared to control rats, tissue protein content was quite low. The level of lysyl oxidase in the experimental group was considerably lower. When compared to diabetic and control rats (group II), all of the following metrics increased considerably in the *C.asiatica* treatment group (table 2).

Table 2: Biochemical analysis of granulation tissue in streptozotocin induced diabetic rats

Groups	Hydroxyproline (mg/g tissue)	Hexosamines (mg/g tissue)	Hexuronic acid (mg/g tissue)	Tissue protein (mg/g tissue)	Lysyl oxidase (SFU)
Wounded control	13.12 ± 4.12	10.39 ± 2.17	12.11 ± 3.09	40.18 ± 3.70	1707± 59
Diabetic Induced	12.38 ± 2.20 ^a	8.2 ± 1.40 ^a	9.4 ± 1.22 ^a	24.5 ± 2.60 ^a	1123 ± 57 ^a
<i>C.asiatica</i>	14.62 ± 5.22 ^a	14.47 ± 2.67 ^a	12.01 ±3.19 ^a	45.38 ± 3.60 ^a	1910 ± 67 ^a

Values are mean ± SD of 6 replications. (SFU- Spectroflourimetric units), P values: ^a:<0.01 vs control.

Discussion

Granulation, collagen maturation, and scar formation are only a few of the numerous wound healing processes that occur simultaneously yet separately. The findings show that an ethanolic extract of *Centella asiatica* improved wound healing in diabetic lesions. An increase in collagen concentration as well as fibre stability may be responsible for the observed improvements in wound breaking strength and hydroxyl proline content in treated wounds.¹¹ Higher protein content and collagen bundle production are generally associated with increases in wet and dry granulation tissue weight.

Fibroblasts are primarily responsible for the increased granulation mass. The scientists are aware that these characteristics were discovered in a rat model and that further research is needed before any potential advantages of the plant extract to improve diabetic wound healing in humans can be shown. Triterpenes from *Centella asiatica* promote extracellular matrix build up and

glycosamino glycan production in rat experimental wounds, according to research.¹²

The increase of collagen production was attributed only to asiatic acid.¹³ Impaired wound healing has been linked to oxidative stress.¹⁴ Free radicals play a key part in the failure of ischemic wound healing, and antioxidants have been shown to help repair ischemic skin wounds.¹⁵ Vitamin E, vitamin C, superoxide dismutase, catalase, and glutathione peroxidase have all been found to be considerably increased by the active component of *C.asiatica* in other research.¹⁶ The antioxidant properties of *C.asiatica* leaf extract are likely to have contributed to the quicker wound healing seen in this diabetic rat wound model.

Conclusion: The findings were seen in a rat model of acute wound healing, which the authors are aware of. Before such findings can be applied to the human model, where the majority of wound healing issues are chronic, there are many stages that must be completed. However, these promising results point to the need for more research and

clinical trials to determine the extract's safety and efficacy in humans.

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