



A Review on Antidiabetic Medicinal Plants

Tanu Sharma and M. C. Sidhu

Department of Botany, Panjab University, Chandigarh-160014, India

Received: 24-03-2014 / Revised: 31-05-2014 / Accepted: 25-08-2014

ABSTRACT

Medicinal plants are being used from centuries for the treatment of various human ailments. Remedial preparations from plants are considered to be cost effective, safe and alternate for the treatment of diseases including diabetes mellitus. The purpose of the present article is to document the antidiabetic plant species. A total of 143 species and their constituents along with extracts have been reviewed. Plant part used, solvents and test animals have also been briefly described. The antidiabetic activity is attributed to the different phytochemicals present in medicinal plants.

Key words: Medicinal plants, diabetes mellitus, antidiabetic activity, active principle, review.



INTRODUCTION

Medicinal plants are playing an important role in the growth and development of mankind. Herbal drugs have been used in traditional systems of medicines, since time immemorial in different parts of the world. Around 80% people in the developing countries rely on traditional medicines^[26]. Medicinal plants have been used to manage the diabetes and associated complications. The medicinal plants provide cost effective, easily available alternative medicines with least or no side effects^[67]. Medicinal plants or their secondary metabolites have been found to be responsible for medicinal activity. The chemical substances present in plants produce action on the human body. Alkaloids, tannins, flavonoids, phenolic compounds *etc.* were some of the major chemical compounds^[49]. The aim of this review is to compile data on plants with hypoglycaemic activity. The antidiabetic plant species from seventeen families have earlier been recorded by Sidhu and Sharma^[117, 118]. The database of important medicinal plants including antidiabetic is useful for researchers to design the future research experiments.

RESULT

The paper has presented various plant species used in the management of diabetes. These species have been enlisted in Table 1. There are 143 species in this review that have antidiabetic properties. These plant species belongs to 84 families (Table 2). Out of these, four species belongs to each of families Combretaceae, Solanaceae and Verbenaceae. The families like Aizoaceae, Nyctaginaceae, Nymphaeaceae, Burseraceae, Cecropiaceae, Chenopodiaceae, Rosaceae, Rubiaceae, Ebenaceae, Urticaceae, Lauraceae, Liliaceae, Loganiaceae have three species each, followed by Annonaceae, Arecaceae, Berberidaceae, Bignoniaceae, Bombacaceae, Boraginaceae, Convolvulaceae, Costaceae, Hippocrateaceae, Iridaceae, Lythraceae, Mimosaceae, Oleaceae, Pandanaceae, Piperaceae, Polygonaceae, Portulacaceae, Ranunculaceae, Sapindaceae Sapotaceae, Scrophulariaceae, Sterculiaceae, Zingiberaceae and Zygophyllaceae credited with two species. In addition to this, one species have been reported from the families like Acoraceae, Agavaceae, Alangiaceae, Apiaceae, Araceae, Araliaceae, Balanitiaceae, Basellaceae, Capparidaceae, Caricaceae, Caryophyllaceae, Moringaceae, Musaceae,

Myricaceae, Onagraceae, Orchidaceae, Oxalidaceae, Palmaceae, Passifloraceae, Polypodiaceae, Primulaceae, Punicaceae, Rhamnaceae, Crassulaceae, Elaeagnaceae, Equisetaceae, Eucommiaceae, Flacourtiaceae, Fomitopsidaceae, Hericiaceae, Hypericaceae, Irvingiaceae, Juglandaceae, Melastomataceae, Melianthaceae, Salvadoraceae, Samydaceae, Sonneratiaceae, Symplocaceae, Thymelaeaceae, Tiliaceae, Ulmaceae, Violaceae and Vitaceae having antidiabetic activity. Plants have also been categorized on the basis of plant part used. Leaves were found to be the most frequently used plant part (57) in the management of diabetes. Other plant parts i.e. bark (13), roots (14), fruits (11), seeds (11), whole plants (11), and aerial parts (9) have shown activity against diabetes. Rhizome (3), flower (4), root bark (3), stem (4), tubers (2), bulb (2) also possess antidiabetic activity. The plant parts like inflorescence, peel, spadix and stigma of one species each were found to be potential antidiabetic agents.

SUMMARY

Medicinal plants are playing an important role in human health care systems throughout the world. They are used in modern traditional medicines not only in developing but in the developed countries as well. Large number of medicinal plants is being used in the management of diabetes mellitus. Documentation of plants used in medicines is highly required to preserve this knowledge and conservation of plant species. In this paper, 143 antidiabetic plant species belonging to 84 families have been recorded. The Botanical name, family, plant part used, test animal, solvent used and active principle are also included. The documentation of antidiabetic medicinal plants may provide a raw material to the pharmaceutical industry for the preparation of new drugs.

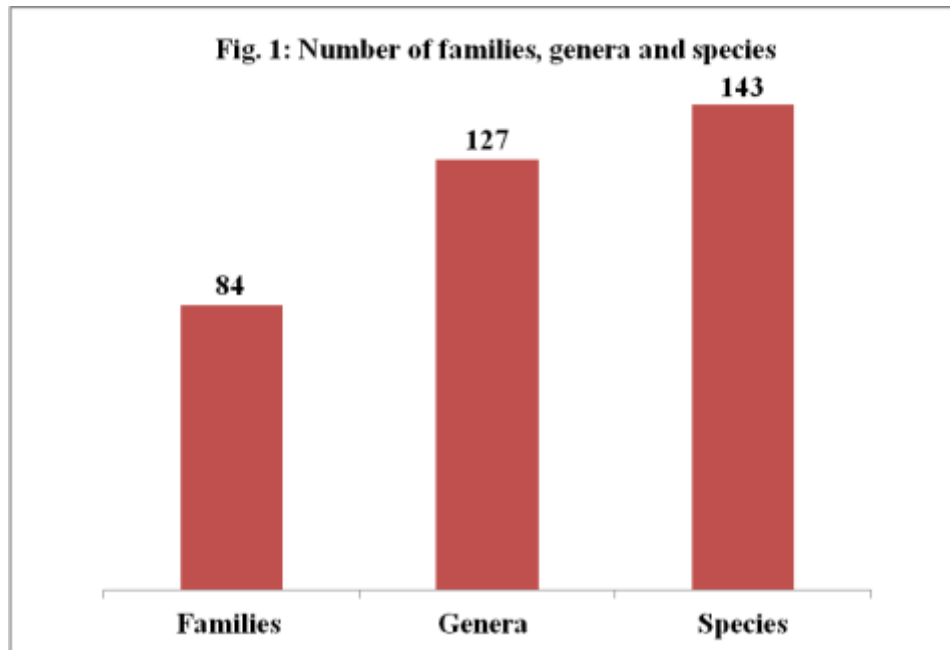


Table1: Various plant parts used for the management of diabetes:

Botanical Name	Family	Active Principle	Solvent (s)	TA	Ref.
Aerial Parts					
<i>Bacopa monnieri</i> L.	Scrophulariaceae	Aerial parts extract	E	WAR	[40]
<i>Equisetum myriochaetum</i> Schlecht and Cham	Equisetaceae	Flavonol glycosides & one Caffeoylglycoside	Aq. & B	MWR	[22]
<i>Laportea ovalifolia</i> Scham and Thonn.	Urticaceae	Aerial part extract	Aq.	MAWR	[76]
<i>Lycium shawii</i> Roem and Schult	Solanaceae	Aerial part extract	E	MWR	[116]
<i>Salvadora oleoides</i> Decne	Salvadoraceae	Aerial part extract	E	AR	[140]
<i>Scoparia dulcis</i> L.	Scrophulariaceae	Alkaloids, carbohydrates, glycosides, flavonoids & tannins	E	SAM	[148]
<i>Suaeda fruticosa</i> Forssk. ex J. F. Gmel.	Chenopodiaceae	Aerial part extract	Aq.	MWR	[21]
<i>Zygophyllum gaetulum</i> Emb. and Maire	Zygophyllaceae	Aerial part extract	Aq.	MAWR	[51]
<i>Zygophyllum geslini</i> Coss.	Zygophyllaceae	Aerial parts extract	Aq.	MWR	[72]
Bark					
<i>Adansonia digitata</i> L.	Bombacaceae	Tannins, carbohydrates, terpenes, saponins, flavonoids & alkaloids	M	WR	[128]
<i>Albizia odoratissima</i> Benth.	Mimosaceae	Bark extract	M	Mice	[57]
<i>Cinnamomum verum</i> J. S. Presl	Lauraceae	Bark extract	Aq.	MAR	[37]

<i>Commiphora africana</i> (A. Rich.) Engl.	Burseraceae	Alkaloids, tannins, flavonoids, steroids & saponins	Aq. & E	WR	[42]
<i>Crataeva nurvala</i> Buch. Ham.	Capparidaceae	Triterpenoids & flavonoids	P.E, Aq., Chlf. & Al.	WAR	[119]
<i>Diospyros melanoxylon</i> Roxb.	Ebenaceae	Triterpenoids, steroids, alkaloids, flavonoids & tannins	E	MAWR	[50]
<i>Helicteres isora</i> L.	Sterculiaceae	Bark extract	Aq.	MAWR	[59]
<i>Madhuca indica</i> J. F. Gmel.	Sapotaceae	Bark extract	M	WR	[25]
<i>Musanga cecropioides</i> R. Br. ex Bennet	Cecropiaceae	Bark extract	E & Aq.	MWR	[5]
<i>Parinari excelsa</i> Sougue	Rosaceae	Bark extract	Aq.	Rats	[85]
<i>Polyalthia longifolia</i> var. <i>angustifolia</i> Thw.	Annonaceae	Alkaloids, triterpenoids, flavonoids, steroids, saponins, glycosides & tannins	M	MAWR	[43]
<i>Strychnos henningsii</i> Gilg.	Loganiaceae	Flavonoids, tannins & saponins	Aq.	MWR	[92]
<i>Triplochiton scleroxylon</i> Schumann	Sterculiaceae	Bark extract	Aq.	MR	[100]
Bulb					
<i>Allium sativum</i> L.	Liliaceae	Bulb extract	Aq.	SDR	[133]
<i>Gladiolus psittacinus</i> Hook	Iridaceae	Bulb extract	M	WAR	[2]
Flower					
<i>Antigonon leptopus</i> Hook & Arn.	Polygonaceae	Flower extract	M	MAWR	[122]

<i>Kigelia pinnata</i> Jacq.	Bignoniaceae	Flower extract	M	WR	[63]
<i>Mimusops elengi</i> L.	Sapotaceae	Flower extract	M	AR & SAM	[145]
<i>Nymphaea stellata</i> Willd.	Nymphaeaceae	Flower extract	E	MWR	[103]
Fruits					
<i>Balanites aegyptiaca</i> (L.) Delile	Balanitiaceae	Fruit flesh extract	Aq. & E	MSDAR	[143]
<i>Diospyros lotus</i> L.	Ebenaceae	Fruit extract	Aq.	MAWR	[19]
<i>Fomitopsis pinicola</i> (Swartz. Fries) Karst.	Fomitopsidaceae	Fruit body extract	Aq. & Alkali	Rats	[65]
<i>Hericium erinaceus</i> (Bull.) Pers.	Hericiaceae	Fruiting bodies extract	M	MWR	[139]
<i>Musa paradisiaca</i> L.	Musaceae	Fruit extract	M	Mice	[89]
<i>Phaleria macrocarpa</i> (Scheff.) Boerl (Pm)	Thymelaeaceae	Flavonoids, terpenoids & tannins	M	MSDR	[9]
<i>Rosa canina</i> L.	Rosaceae	Fruit extract	E	MAWR	[91]
<i>Solanum nigrum</i> L.	Solanaceae	Alkaloids, flavonoids, phenolics & micronutrients	Aq. & hydroalcoholic	SDR	[74]
<i>Terminalia belerica</i> Roxb.	Combretaceae	Triterpenoids-arjungenin, bellericagenins & belleric acid	M	MWR	[110]
<i>Terminalia pallida</i> Brandis	Combretaceae	Flavonoids, phenolic acids, sterols/ triterpenoid, alkaloids, tannins & anthocyanins	E	MAWR	[106]
<i>Trapa natans</i> L.	Lythraceae	Fruit peel extract	M	MAWR	[28]
Inflorescence					

<i>Coptis chinensis</i> Franch	Ranunculaceae	Inflorescence extract	Aq.	Rats	[142]
Leaves					
<i>Aegiceras corniculatum</i> (L.) Blanco	Primulaceae	Leaf extract	E	MAR	[46]
<i>Aframomum melegueta</i> (Rosc.) K. Schum.	Zingiberaceae	Leaf extract	Aq.	MAR	[75]
<i>Alangium lamarckii</i> Thw.	Alangiaceae	Leaf extract	Al.	MACFR	[62]
<i>Aloe vera</i> (L.) Burm. Fil.	Liliaceae	Leaf extract	Aq.	MAR	[109]
<i>Anabasis articulata</i> (Forssk) Moq.	Chenopodiaceae	Saponins	Aq.	SAM	[53]
<i>Annona squamosa</i> L.	Annonaceae	Leaf extract	Aq.	WR & Rb.	[45]
<i>Areca catechu</i> L.	Palmaceae	Triterpenoids	P.E., Chlf. & M	MAWR	[78]
<i>Averrhoa bilimbi</i> L.	Oxalidaceae	Leaf extract	E	MSDR	[101]
<i>Basella rubra</i> L.	Basellaceae	Leaf pulp	Aq.	MAR	[86]
<i>Bersama engleriana</i> Gurke	Melianthaceae	Leaf extract	Aq. & M	MAWR	[87]
<i>Boerhaavia diffusa</i> L.	Nyctaginaceae	Alkaloids, sterols or triterpenoids	Aq.	Rb.	[56]
<i>Bougainvillea glabra</i> L.	Nyctaginaceae	Alkaloids, flavonoids, saponins & cardiac glycosides	Aq.	WR	[1]
<i>Bryophyllum pinnatum</i> (Lam.) Kurz	Crassulaceae	Flavonoids, polyphenols, triterpenoids & chemical constituents	Aq.	Rats	[88]

<i>Cardiospermum halicacabum</i> L.	Sapindaceae	Leaf extract	E	MAWR	[136]
<i>Cecropia obtusifolia</i> Bertol.	Cecropiaceae	Flavone, isoorientin & 3-caffeoylquinic	Aq. & B	MWR	[12]
<i>Cecropia pachystachya</i> Mart.	Cecropiaceae	Leaf extract	M	MWR	[14]
<i>Chamaerops humilis</i> L.	Arecaceae	Leaf extract	Aq.	MSR	[38]
<i>Cinnamomum tamala</i> Fr. Nees.	Lauraceae	Leaf extract	Aq.	MAWR	[23]
<i>Cissus sicyoides</i> L.	Vitaceae	Flavonoids & Hydrolyzable tannins	Aq.	MWR	[138]
<i>Clerodendrum capitatum</i> (Willd) Schumach et. Thonn.	Verbenaceae	Saponins, flavonoids, alkaloids, tannins, glycosides & reducing sugars	Aq.	MAWR	[4]
<i>Combretum micranthum</i> G. Don	Combretaceae	Leaf extract	Aq.	Rats	[24]
<i>Costus afer</i> Ker Gawl.	Costaceae	Alkaloids, flavonoids, tannins, phenols, glycosides & terpenoids	M	WAR	[77]
<i>Dolichandrone falcata</i> Seem.	Bignoniaceae	Steroidal compounds, flavonoids, tannins & sugars	Aq.	AR	[80]
<i>Eucommia ulmoides</i> Oliv.	Eucommiaceae	Powdered as well as leaf extract	Aq.	MSDR	[64]
<i>Flacourtia jangomas</i> Raeusch.	Flacourtiaceae	Flavonoids, saponins, carbohydrates, steroids, tannins & phenolic compounds	M	WAR	[121]
<i>Gardenia taitensis</i> A. P. de Candolle	Rubiaceae	Alkaloids, phytosterols, carbohydrates & saponins	E	MWR	[68]
<i>Hedera helix</i> L.	Araliaceae	Leaf extract	E	Rb.	[144]

<i>Holoptelea integrifolia</i> (Roxb.)	Ulmaceae	Steroids & glycosides	M & P.E	MAWR	[114]
<i>Hypericum perforatum</i> L.	Hypericaceae	Leaf extract	Ethl.ac.	MAWR	[16]
<i>Juglans regia</i> L.	Juglandaceae	Leaf extract	M	MWR	[130]
<i>Lagerstroemia speciosa</i> (L.) Pers.	Lythraceae	Leaf powder or decoction	Aq.	MICRR	[129]
<i>Memecylon umbellatum</i> Burm. F.	Melastomataceae	Leaf extract	Al.	SAM	[10]
<i>Mimosa pudica</i> L.	Mimosaceae	Leaf extract	E	WR	[126]
<i>Mimusops elengi</i> L.	Sapotaceae	Leaf extract	M	AR & SAM	[145]
<i>Moringa oleifera</i> Lam.	Moringaceae	Leaf extract	Aq.	Rb.	[69]
<i>Myrcia uniflora</i> Barb. Rodr.	Myricaceae	Leaf extract	Aq.	Rats	[95]
<i>Nauclea latifolia</i> Sm.	Rubiaceae	Leaf extract	Aq.	WAR	[41]
<i>Nelumbo nucifera</i> Gaertn.	Nymphaeaceae	Flavonoids	E	Mice	[147]
<i>Neolamarckia cadamba</i> (Roxb.) Bosser	Rubiaceae	Leaf extract	M	MSAM	[6]
<i>Olea europaea</i> L.	Oleaceae	Leaf extract	Al.	Rats	[35]
<i>Passiflora mollissima</i> Bailey	Passifloraceae	Alkaloids, tannins & flavonoids	E	MWR	[34]
<i>Piper betle</i> L.	Piperaceae	Leaf extract	Aq. & E	MAR	[15]
<i>Pisonia alba</i> Span.	Nyctaginaceae	Vitamin A, alkaloids, proteins & fats	E	MAWR	[125]
<i>Premna corymbosa</i> (Burm. F.) Rottl	Verbenaceae	Alkaloids, flavonoids, glycosides, saponins, terpenes & steroids	E & Aq.	MAWR	[132]
<i>Salacia fruticosa</i> Heyne ex Lawson	Hippocrateaceae	Alkaloids, carbohydrates, phytosterols, glycosides, saponins & phenolic	M	MAWR	[137]

		compounds			
<i>Salacia reticulata</i> Wight	Hippocrateaceae	Leaf extract	Aq.	MddYM	[141]
<i>Solanum nigrum</i> L.	Solanaceae	Alkaloids, flavonoids, phenolics & micronutrients	Aq. & hydro-alcoholic	SDR	[74]
<i>Solanum trilobatum</i> L.	Solanaceae	Leaf extract	Aq.	WAR	[31]
<i>Sonneratia alba</i> Sm.	Sonneratiaceae	Leaf extract	M	Mice	[79]
<i>Spinacia oleracea</i> L.	Chenopodiaceae	Leaf extract	E	MWR	[61]
<i>Symplocos cochinchinensis</i> (Lour.) S. Moore.	Symplocaceae	Leaf extract	H	Rats	[124]
<i>Talinum portulacifolium</i> Forssk.	Portulacaceae	Steroids, triterpenoids & flavonoids	M	WAR	[108]
<i>Urtica dioica</i> L.	Urticaceae	Leaf extract	Aq.	MLER	[27]
<i>Urtica parviflora</i> roxb.	Urticaceae	Alkaloids, reducing sugars, polysaccharides, tannins, saponins, glycosides & flavonoids	Aq.	Rats	[111]
<i>Withania somnifera</i> (L.) Dunal	Solanaceae	Flavonoids	E	MAWR	134]
<i>Zizyphus sativa</i> Gaertn.	Rhamnaceae	Leaf extract	Al.	Rats	[11]
Peel					
<i>Punica granatum</i> L.	Punicaceae	Peel extract	Aq.	MAR	[54]
Rhizome					
<i>Acorus calamus</i> L.	Acoraceae	Rhizome extract	M	MAWR	[99]
<i>Alpinia galanga</i> Willd.	Zingiberaceae	Rhizome extract	M & Aq.	Rb.	[7]

<i>Sansevieria roxburghiana</i> Schult. and Schult. f.	Agavaceae	Alkaloids, triterpenes, steroids, flavonoids & saponins	Aq. & E	MAWR	[47]
Roots					
<i>Anthocleista djalensis</i> A. Chev	Loganiaceae	Flavonoids, saponins, tannins, cardiac glycosides & anthraquinones	E	SAM & Rats	[90]
<i>Asparagus racemosus</i> Willd.	Liliaceae	Root extract	E	MLER	[48]
<i>Berberis lyceum</i> Royle	Berberidaceae	Root extract	E & Aq.	WR	[44]
<i>Casearia esculenta</i> Roxb.	Samydaceae	Alkaloids, glycosides, saponins, phytosterols, tannins & amino acids	E	WR & SAM	[17]
<i>Costus speciosus</i> (Koen ex.Retz.)	Costaceae	Root extract	E	MWR	[20]
<i>Lantana aculeata</i> L.	Verbenaceae	Root extract	E	MAWR	[60]
<i>Merremia tridentata</i> (L.) Hall. f.	Convolvulaceae	Root extract	Aq.	Rats	[18]
<i>Nyctanthes arbor-tristis</i> L.	Oleaceae	Root extract	M	MAWR	[115]
<i>Pandanus fascicularis</i> Lam.	Pandanaceae	Carbohydrates, proteins, amino acids, saponins, tannins, phenolic compounds, alkaloids & flavonoids	Aq & E	MAWR	[104]
<i>Pandanus odoratus</i> RIDL.	Pandanaceae	Root extract	Aq.	Rats	[96]

<i>Potentilla fulgens</i> L.	Rosaceae	Root extract	CM	FSLM	[127]
<i>Tectona grandis</i> L.	Verbenaceae	Root extract	M	MAWR	[98]
<i>Withania somnifera</i> (L.) Dunal	Solanaceae	Flavonoids	E	MAWR	[134]
<i>Zaleya decandra</i> L. N. Burm. f.	Aizoaceae	Root extract	E	Rats	[73]
Root Bark					
<i>Blighia sapida</i> K. Kong	Sapindaceae	Alkaloids, saponins, cardiac glycosides, reducing sugars, carbohydrates, flavonoids, phenols & tannins	Aq.	AR	[112]
<i>Ceiba pentandra</i> (L.) Gaertner	Bombacaceae	Root bark extract	Mthl. Cl. & M	MWR	[30]
<i>Euclea undulata</i> Thunb. var <i>myrtina</i>	Ebenaceae	Root bark extract	Act.	MWR	[29]
Seeds					
<i>Brassica juncea</i> L.	Brassicaceae	Seed extract	Aq.	MAWR	[131]
<i>Carica papaya</i> L.	Caricaceae	Alkaloids, flavonoids, saponins, tannins, anthraquinones, anthocyanosides & reducing sugars	Aq.	WR	[3]
<i>Carum carvi</i> L.	Apiaceae	Carvone, limonene, carveol, dihydrocarveol & thymol	E	MWR	[36]
<i>Hippophae rhamnoides</i> L.	Elaegnaceae	Seed extract	Aq.	MSDR	[146]
<i>Irvingia gabonensis</i> (Aubry-Lecomte) Baill.	Irvingiaceae	Seed extract	Aq.	MWR	[93]

<i>Lepidium sativum</i> L.	Brassicaceae	Seed extract	Aq.	MWR	[32]
<i>Nigella sativa</i> L.	Ranunculaceae	Essential oils, proteins, alkaloids & saponins	Aq.	Rats	[71]
<i>Persea americana</i> Mill.	Lauraceae	Seed extract	E	MAWR	[33]
<i>Spergularia purpurea</i> (Pers.) G. Don. Fil	Caryophyllaceae	Saponins & flavonoids	Aq.	MWR	[52]
<i>Strychnus potatorum</i> L.	Loganiaceae	Seed extract	E & Aq.	SDR	[102]
<i>Terminalia chebula</i> Retz.	Combretaceae	Seed extract	Chlf.	MSDR	[107]
Spadix					
<i>Cocos nucifera</i> L.	Arecaceae	Spadix extract	Aq.-M	WAR	[84]
Stem					
<i>Berberis aristata</i> DC.	Berberidaceae	Alkaloids, glycosides, carbohydrates, bitter principles & saponins	M	MAWR	[135]
<i>Flacourtia jangomas</i> Raeusch.	Flacourtiaceae	Flavonoids, saponins, carbohydrates, steroids, tannins & phenolic compounds	M	WAR	[121]
<i>Nervilia plicata</i> (Andrews) Schltr.	Orchidaceae	Stem extract	Al.	Rats	[58]
<i>Tournefortia hirsutissima</i> L.	Boraginaceae	Stem extract	Aq. & B	Rats	[13]
Stigma					
<i>Crocus sativa</i> L.	Iridaceae	Stigma extract	M	MWR	[55]
Tubers					

<i>Anaphyllum wightii</i> Schott.	Araceae	Tuber extract	E	WAR	[70]
<i>Nymphaea pubescens</i> Willd.	Nymphaeaceae	Alkaloids, flavonoids,, glycosides, terpenoids, tannins, phenols, saponins & steroids	E	MAWR	[113]
Whole Plant					
<i>Heliotropium zeylanicum</i> (Burm. F) Lamk	Boraginaceae	Plant extract	M	MAWR	[82]
<i>Hemionitis arifolia</i> (Burm.) Moore.	Polypodiaceae	Plant extract	Aq.	IWR, SAM	[83]
<i>Hybanthus enneaspermus</i> (L.) F. Muell	Violaceae	Flavonoids, terpenes, phenols, anthraquinones, glycosides, polyoses, alkaloids, saponins & tannins	E	MAWR	[94]
<i>Jussiaea suffruticosa</i> L.	Onagraceae	Plant extract	M	Rats	[81]
<i>Merremia emarginata</i> Burm. F.	Convolvulaceae	Plant extract	M	MWR	[39]
<i>Mollugo nudicaulis</i> Lam.	Aizoaceae	Plant extract	E	Rats	[120]
<i>Piper sarmentosum</i> Roxb.	Piperaceae	Plant extract	Aq.	Rats	[97]
<i>Polygala javana</i> DC.	Polygalaceae	Alkaloids, catechism, tannins, saponins, steroids, flavonoids, phenols, sugar, glycosides & xanthoprotein	E	MAWR	[8]
<i>Portulaca oleracea</i> L.	Portulacaceae	Plant extract	Chlf: M	MM	[66]
<i>Trianthema portulacastrum</i> L.	Aizoaceae	Alkaloids, flavonoids, saponins, phenolic compounds & terpenoids	M	MAWR	[123]
<i>Triumfetta pilosa</i> Roth	Tiliaceae	Plant extract	E	MAWR	[105]

Meaning	Abbreviations
S- Solvent	Acetone- Act., Al.- Alcohol, Aq.- Aqueous, B- Buthanol, Chlf.- Chloroform, CM- Crude Methanol, E- Ethanol, Ethl.ac.-Ethyl acetate, H- Hexane, M.- Methanol, Methl. Cl.- Methyl Chloride, PE- Petroleum Ether.
TA- Test Animal	AR- Albino Rats, FSLM- Female Swiss Labial Mice, IWR- Inbred Wistar Rat, MACFR- Male Albino Rats of Charles Foster Strain, MAR- Male Albino Rats, MAWR- Male Albino Wistar Rats, MddYM- Male ddY Mice, MICRR- Male ICR Strain Rat, MLER- Male Long Evans Rats, MM- Male Mice, MR- Male Rabbits, MSAM- Male Swiss Albino Mice, MSDAR- Male Senile Diabetic Albino Rats, MSDR- Male Sprague Dawley Rats, MSR- Merione Shawi Rats, MWR- Male Wistar Rats, Rb.- Rabbits, SAM- Swiss Albino Mice, SDR- Sprague Dawley Rats, WAR- Wistar Albino Rats, WR- Wistar Rats.

Table 2: Number of species in different families

Acoraceae	1	Eucommiaceae	1	Piperaceae	2
Agavaceae	1	Flacourtiaceae	1	Polygonaceae	2
Aizoaceae	3	Fomitopsidaceae	1	Polypodiaceae	1
Alangiaceae	1	Hericiaceae	1	Portulacaceae	2
Annonaceae	2	Hippocrateaceae	2	Primulaceae	1
Apiaceae	1	Hypericaceae	1	Punicaceae	1
Araceae	1	Iridaceae	2	Ranunculaceae	2
Araliaceae	1	Irvingiaceae	1	Rhamnaceae	1
Arecaceae	2	Juglandaceae	1	Rosaceae	3
Balanitiaceae	1	Lauraceae	3	Rubiaceae	3
Basellaceae	1	Liliaceae	3	Salvadoraceae	1
Berberidaceae	2	Loganiaceae	3	Samydaceae	1
Bignoniaceae	2	Lythraceae	2	Sapindaceae	2
Bombacaceae	2	Melastomataceae	1	Sapotaceae	2
Boraginaceae	2	Melanthaceae	1	Scrophulariaceae	2
Burseraceae	3	Mimosaceae	2	Solanaceae	4
Capparidaceae	1	Moringaceae	1	Sonneratiaceae	1
Caricaceae	1	Musaceae	1	Sterculiaceae	2
Caryophyllaceae	1	Myricaceae	1	Symplocaceae	1
Cecropiaceae	3	Nyctaginaceae	3	Thymelaeaceae	1
Chenopodiaceae	3	Nymphaeaceae	3	Tiliaceae	1
Combretaceae	4	Oleaceae	2	Ulmaceae	1
Convolvulaceae	2	Onagraceae	1	Urticaceae	3
Costaceae	2	Orchidaceae	1	Verbenaceae	4
Crassulaceae	1	Oxalidaceae	1	Violaceae	1
Ebenaceae	3	Palmaceae	1	Vitaceae	1
Elaeagnaceae	1	Pandanaceae	2	Zingiberaceae	2
Equisetaceae	1	Passifloraceae	1	Zygophyllaceae	2

REFERENCES

1. Adebayo GZ *et al.* Antidiabetic properties of the aqueous leaf extract of *Bougainvillea glabra* (Glory of the garden) on alloxan-induced diabetic rats. *Records of Natural Products* 2009; 3(4): 187-92.
2. Adediwura F, Kio A. Antidiabetic activity of *Gladiolus psittacinus* in alloxan induced diabetic rats. *African Journal of Traditional, Complementary and Alternative Medicines* 2008; 5(2): 154-57.

3. Adeneye AA, Olagunju JA. Preliminary hypoglycaemic and hypolipidemic activity of the aqueous seed extract of *Carica papaya* Linn in wistar rats. *Biology and Medicine* 2009; 1(1): 1-10.
4. Adeneye AA et al. Hypoglycaemic and hypolipidaemic effects of the aqueous fresh leaves extract of *Clerodendrum capitatum* in wistar rats. *Journal of Ethnopharmacology* 2008; 116(1): 7-10.
5. Adeneye AA et al. Hypoglycaemic and antidiabetic activities on the stem bark aqueous and ethanol extracts of *Musanga cecropioides* in normal and alloxan-induced diabetic rats. *Fitoterapia* 2007; 78: 502-05.
6. Ahmed F et al. Evaluation of *Neolamarckia cadamba* (Roxb.) Bosser leaf extract on glucose tolerance in glucose-induced hyperglycaemic mice. *The African Journal of Traditional, Complementary and Alternative Medicines* 2011; 8(1): 79-81.
7. Akhtar MS et al. Hypoglycaemic activity of *Alpinia galanga* rhizome and its extracts in rabbits. *Fitoterapia* 2002; 73(7-8): 623-28.
8. Alagammal M et al. Antidiabetic and antihyperlipidaemic effect of *Polygala javana* DC on alloxan induced diabetic rats. *International Research Journal of Pharmacy* 2012; 3(9): 231-34.
9. Ali RB et al. Hypoglycaemic and anti-hyperglycaemic study of *Phaleria macrocarpa* fruits pericarp. *Journal of Medicinal Plants Research* 2012; 6(10): 1982-90.
10. Amalraj T, Ignacimuthu S. Evaluation of the hypoglycaemic effect of *Memecylon umbellatum* in normal and alloxan diabetic mice. *Journal of Ethnopharmacology* 1998; 62(3): 247-50.
11. Anand KK et al. Effect of *Zizyphus sativa* leaves on blood glucose levels in normal and alloxan-induced diabetic rats. *Journal of Ethnopharmacology* 1989; 27(1-2): 121-27.
12. Andrade-Cetto A, Wiedenfeld H. Hypoglycaemic effect of *Cecropia obtusifolia* on streptozotocin diabetic rats. *Journal of Ethnopharmacology* 2001; 78: 145-49.
13. Andrade-Cetto A et al. Hypoglycaemic effect of *Tournefortia hirsutissima* L. on n-streptozotocin diabetic rats. *Journal of Ethnopharmacology* 2007; 112(1): 96-100.
14. Aragao DMO et al. Hypoglycaemic effect of *Cecropia pachystachya* in normal and alloxan-induced diabetic rats. *Journal of Ethnopharmacology* 2010; 128(3): 629-33.
15. Arambewela LSR et al. Antidiabetic activities of aqueous and ethanolic extracts of *Piper betle* leaves in rats. *Journal of Ethnopharmacology* 2005; 102: 239-45.
16. Arokiyaraj S et al. Antihyperglycemic effect of *Hypericum perforatum* ethyl acetate extract on streptozotocin-induced diabetic rats. *Asian Pacific Journal of Tropical Biomedicine* 2011; 1(5): 386-90.
17. Arul B et al. Hypoglycaemic activity of *Casearia esculenta* in normal and diabetic albino rats. *Iranian Journal of Pharmaceutical Research* 2006; 1: 47-51.
18. Arunachalam K, Parimelazhagan T. Anti-diabetic activity of aqueous root extract of *Merremia tridentata* (L.) Hall. f. in streptozotocin-induced-diabetic rats. *Asian Pacific Journal of Tropical Medicine* 2012; 5(3): 175-79.
19. Azadbakhta M et al. Anti-diabetic effects of aqueous fruits extract of *Diospyros lotus* L. on streptozotocin-induced diabetic rats and the possible morphologic in the liver, kidney, and heart. *Journal of Pharmacognosy and Phytotherapy* 2010; 2(2): 010-016.
20. Bavarva JH, Narasimhacharya AV. Antihyperglycaemic and hypolipidaemic effects of *Costus speciosus* in alloxan induced diabetic rats. *Phytotherapy Research* 2008; 22(5): 620-26.
21. Benwahhoud M et al. Hypoglycaemic effect of *Suaeda fruticosa* in streptozotocin-induced diabetic rats. *Journal of Ethnopharmacology* 2001; 76: 35-38.
22. Cetto AA et al. Hypoglycaemic effect of *Equisetum myriochaetum* aerial parts on streptozotocin diabetic rats. *Journal of Ethnopharmacology* 2000; 72: 129-33.
23. Chakraborty U, Das H. Antidiabetic and antioxidant activities of *Cinnamomum tamala* leaf extracts in STZ-treated diabetic rats. *Global Journal of Biotechnology and Biochemistry* 2010; 5(1): 12-18.
24. Chika A, Bello SO. Antihyperglycaemic activity of aqueous leaf extract of *Combretum micranthum* (Combretaceae) in normal and alloxan-induced diabetic rats. *Journal of Ethnopharmacology* 2010; 129(1): 34-37.
25. Choudhary A et al. Anti-diabetic activity of the methanolic extract of *Madhuca indica* on normal and streptozotocin induced diabetic rats. *International Journal of Pharmaceutical Research and Development (IJPRD)* 2011; 3(4): 13-18.
26. Cunningham AB. An Investigation of the herbal medicine trade in Natal/KwaZulu. Pietermaritzburg: Investigational Report No 29 Institute of Natural Resources, 1988.
27. Das M et al. Antihyperglycaemic and antihyperlipidaemic activity of *Urtica dioica* on type-2 diabetic model rats. *Journal of Diabetology* 2011; 2(2): 1-6.
28. Das PK et al. Antidiabetic activity of *Trapa natans* fruit peel extract against streptozotocin induced diabetic rats. *Global Journal of Pharmacology* 2011; 5(3): 186-90.
29. Deutschlander MS et al. The hypoglycaemic activity of *Euclea undulata* Thunb. var. *myrtina* (Ebenaceae) root bark evaluated in a streptozotocin-nicotinamide induced type-2 diabetes rat model. *South African Journal of Botany* 2012; 80(5): 9-12.
30. Djomeni PDD et al. Hypoglycaemic and antidiabetic effect of root extracts of *Ceiba pentandra* in normal and diabetic rats. *African Journal of Traditional, Complementary and Alternative Medicines* 2006; 3(1): 129-36.
31. Doss A et al. Antidiabetic activity of water extract of *Solanum trilobatum* (L.) in alloxan-induced diabetes in rats. *African Journal of Biotechnology* 2009; 8(20): 5562-64.
32. Eddouks M et al. Study of the hypoglycaemic activity of *Lepidium sativum* L. aqueous extract in normal and diabetic rats. *Journal of Ethnopharmacology* 2005; 97(2): 391-95.
33. Edem DO. Hypoglycemic effects of ethanolic extracts of Alligator Pear seed (*Persea americana* Mill.) in rats. *European Journal of Scientific Research* 2009; 33(4): 669-78.
34. Edwin E et al. Antihyperglycaemic activity of *Passiflora mollissima* Bailey. *Indian Journal of Pharmaceutical Sciences* 2007; 69(4): 570-71.
35. Eidi A et al. Antidiabetic effect of *Olea europaea* L. in normal and diabetic rats. *Phytotherapy Research* 2009; 23(3): 347-50.
36. Eidi A et al. Hypoglycaemic effect of ethanolic extract of *Carum carvi* L. seeds in normal and streptozotocin-induced diabetic rats. *Journal of Medicinal Plants* 2010; 9(35): 106-13.
37. El-Desoky GE et al. Antidiabetic and hypolipidemic effects of *Ceylon cinnamon* (*Cinnamomum verum*) in alloxan-diabetic rats. *Journal of Medicinal Plant Research* 2012; 6(9): 1685-91.
38. Gaamoussi F et al. Hypoglycaemic and hypolipidaemic effects of an aqueous extract of *Chamaerops humilis* leaves in obese, hyperglycaemic and hyperlipidaemic meriones shawi rats. *Pakistan Journal of Pharmaceutical Sciences* 2010; 23(2): 212-19.
39. Gandhi GR, Sasikumar P. Antidiabetic effect of *Merremia emarginata* Burm. F. in streptozotocin induced diabetic rats. *Asian Pacific Journal of Tropical Biomedicine* 2012; 2(4): 281-86.
40. Ghosh T et al. Antidiabetic and in vivo antioxidant activity of ethanolic extract of *Bacopa monnieri* Linn. aerial parts: a possible mechanism of action. *Iranian Journal of Pharmaceutical Research* 2008; 7(1): 61-68.

41. Gidado A *et al.* Effect of *Nauclea latifolia* leaves aqueous extracts on blood glucose levels of normal and alloxan-induced diabetic rats. African Journal of Biotechnology 2005; 4(1): 91-93.
42. Goji ADT *et al.* Evaluation of the effect of aqueous-ethanolic stem bark extract of *Commiphora africana* on blood glucose levels of alloxan induced diabetic rats. Asian Journal of Medical Sciences 2009; 1(2): 18-21.
43. Gosh G *et al.* Anti-hyperglycaemic and antioxidant activity of stem bark of *Polyalthia longifolia var. angustifolia*. Der Pharmacia Lettre 2010; 2(2): 206-16.
44. Gulfranz M *et al.* Antihyperglycaemic effects of *Berberis lyceum* Royle in alloxan-induced diabetic rats. Diabetologia Croatica 2007; 36(3): 49-54.
45. Gupta RK *et al.* Hypoglycaemic and antidiabetic effect of aqueous extract of leaves of *Annona squamosa* (L.) in experimental animal. Current Science 2005; 88(8): 1244-54.
46. Gurudeeban S *et al.* Antidiabetic effect of a black mangrove species *Aegiceras corniculatum* in alloxan-induced diabetic rats. Journal of Advanced Pharmaceutical Technology and Research 2012; 3(1): 52-56.
47. Haldar PK *et al.* Antidiabetic activity and modulation of antioxidant status by *Sansevieria roxburghiana* rhizome in streptozotocin-induced diabetic rats. Diabetologia Croatica 2010; 39(4): 115-23.
48. Hannan JMA *et al.* Antihyperglycaemic activity of *Asparagus racemosus* roots is partly mediated by inhibition of carbohydrate digestion and absorption and enhancement of cellular insulin action. British Journal of Nutrition 2012; 107: 1316-23.
49. Hill AF. A textbook of useful plants and plant products, 2nd ed.; Economic Botany, Mc Garw- Hill Book Company Inc, New York, 1952.
50. Jadhav JK *et al.* Antihyperglycaemic effect of *Diospyros melanoxylon* (Roxb.) bark against alloxan-induced diabetic rats. International Journal of PharmTech Research 2009; 1(2): 196-200.
51. Jaouhari JT *et al.* The Hypoglycaemic activity of *Zygophyllum gaetulum* extracts in alloxan induced hyperglycemic rats. Journal of Ethnopharmacology 2000; 69: 17-20.
52. Jouad H *et al.* Hypoglycaemic effects of *Spergularia purpurea* in normal and streptozotocin-induced diabetic rats. Journal of Ethnopharmacology 2000; 71: 169-77.
53. Kambouche N *et al.* Hypoglycaemic and antihyperglycaemic effects of *Anabasis articulata* (Forssk) Moq. (Chenopodiaceae), an Algerian Medicinal plant. African Journal of Biotechnology 2009; 8(20): 5589-94.
54. Khalil EAM. Antidiabetic effect of an aqueous extract of Pomegranate (*Punica granatum* L.) peels in normal and alloxan diabetic rats. The Egyptian Journal of Hospital Medicine 2004; 16: 92-99.
55. Kianbakht S, Hajiaghah R. Anti-hyperglycaemic effects of Saffron and its active constituents, crocin and safranal, in alloxan-induced diabetic rats. Journal of Medicinal Plants 2011; 10(39): 82-89.
56. Koffi NG *et al.* Effect of aqueous extract of *Boerhaavia diffusa* leaves in the glycaemia of rabbits. International Journal of Applied Biology and Pharmaceutical Technology 2011; 2(3): 330-38.
57. Kumar D *et al.* Antidiabetic activity of methanolic bark extract of *Albizia odoratissima* Benth. in alloxan induced diabetic albino mice. Asian Pacific Journal of Tropical Medicine 2011; 4(11): 900-03.
58. Kumar EK, Janardhana GR. Antidiabetic activity of alcoholic stem extract of *Nervilia plicata* in streptozotocin-nicotinamide induced type 2 diabetic rats. Journal of Ethnopharmacology 2011; 133(2): 480-83.
59. Kumar G *et al.* Anti-diabetic activity of *Helicteres isora* L. bark extracts on streptozotocin-induced diabetic rats. International Journal of Pharmaceutical Sciences and Nanotechnology 2009; 1(4): 379-82.
60. Kumar KV *et al.* Antidiabetic potential of *Lantana aculeata* root extract in alloxan-induced diabetic rats. International Journal of Phytomedicine 2010; 2: 299-03.
61. Kumar NJ, Loganathan P. Hypoglycaemic effect of *Spinacia oleracea* in alloxan induced diabetic rat. Global Journal of Biotechnology and Biochemistry 2010; 5(2): 87-91.
62. Kumar R *et al.* Antidiabetic activity of alcoholic leaves extract of *Alangium lamarckii* Thwaites on streptozotocin-nicotinamide induced type 2 diabetic rats. Asian Pacific Journal of Tropical Medicine 2011; 4(11): 904-09.
63. Kumar S *et al.* Antidiabetic and hypolipidaemic activities of *Kigelia pinnata* flowers extract in streptozotocin induced diabetic rats. Asian Pacific Journal of Tropical Biomedicine 2012; 2(7): 543-46.
64. Lee MK *et al.* Hypoglycaemic effect of Du-zhong (*Eucommia ulmoides* Oliv.) leaves in streptozotocin-induced diabetic rats. Diabetes Research and Clinical Practice 2005; 67(1): 22-28.
65. Lee SI *et al.* Antihyperglycaemic effect of *Fomitopsis pinicola* extracts in streptozotocin-induced diabetic rats. Journal of Medicinal Food 2008; 11(3): 518-24.
66. Li F *et al.* Preparation and antidiabetic activity of polysaccharide from *Portulaca oleracea* L. African Journal of Biotechnology 2009; 8(4): 569-73.
67. Lotliker MM, Rao MRR. Pharmacology of a hypoglycaemic principle isolated from fruits of *Momordica charantia* Linn. The Indian Journal of Pharmacy 1996; 28: 129-33.
68. Maheswari JU, Gandhimathi R. Hypoglycaemic and hypolipidaemic activity of leaves of *Gardenia taitensis* on streptozotocin induced diabetic rats. Indian Journal of Pharmaceutical Science and Research 2011; 1(1): 10-14.
69. Manohar VS *et al.* Evaluation of hypoglycaemic and antihyperglycaemic effect of freshly prepared aqueous extract of *Moringa oleifera* leaves in normal and diabetic rabbits. Journal of Chemical and Pharmaceutical Research 2012; 4(1): 249-53.
70. Mathew SrM *et al.* Anti-diabetic activity of *Anaphyllum wightii* in alloxan induced diabetic rats. Asian Journal of Pharmaceutical and Clinical Research 2013; 6(1): 68-69.
71. Mathur ML *et al.* Antidiabetic properties of a spice plant *Nigella sativa*. Journal of Endocrinology and Metabolism 2011; 1(1): 1-8.
72. Medjdoub H *et al.* Antihyperglycaemic effect of *Zygophyllum geslini* aqueous extract in streptozotocin-induced diabetic wistar rats. Journal of Life Sciences 2012; 6: 652-56.
73. Meenakshi P *et al.* Antidiabetic activity of ethanolic extract of *Zaleya decandra* in alloxan-induced diabetic rats. Applied Biochemistry and Biotechnology 2010; 162(4): 1153-59.
74. Meonah STS *et al.* Pharmacognostical and hypoglycaemic activity of *Solanum nigrum* Linn. plant. International Journal of Pharmacy and Pharmaceutical Sciences 2012; 4(1): 221-24.
75. Mojekwu TO *et al.* Hypoglycaemic effects of aqueous extract of *Aframomum melegueta* leaf on alloxan-induced diabetic male albino rats. Pacific Journal of Medical Sciences 2011; 8(1): 28-36.
76. Momo CEN *et al.* Antidiabetic and hypolipidaemic effects of *Laportea ovalifolia* (Urticaceae) in alloxan induced diabetic rats. African Journal of Traditional, Complementary and Alternative Medicines 2006; 3(1): 36-43.
77. Momoh S *et al.* Evaluation of the phytochemical composition and hypoglycaemic activity of methanolic leaves extract of *Costus afer* in albino rats. British Journal of Pharmaceutical Research 2011; 1(1): 1-8.

78. Mondal S et al. Antidiabetic activity of *Areca catechu* leaf extracts against streptozotocin induced diabetic rats. Journal of Advanced Pharmacy Education and Research 2012; 2(1): 10-17.
79. Morada NJ et al. Anti-diabetic polysaccharide from mangrove plant, *Sonneratia alba* Sm. International Conference on Asia Agriculture and Animal 2011; 13: 197-200.
80. Mungle AN et al. Antidiabetic potential of *Dolichandrone falcata* leaves in alloxan induced diabetic rats. International Journal of Research in Pharmaceutical and Biomedical Sciences 2012; 3(1): 319-24.
81. Murugesan T et al. Anti-diabetic activity of *Jussiaea suffruticosa* extract in rats. Pharmacy and Pharmacology Communications 2000; 6(10): 451-53.
82. Murugesan K et al. Antidiabetic, antioxidant and antihyperlipidaemic status of *Heliotropium zeylanicum* extract on streptozotocin-induced diabetes in rats. Biological and Pharmaceutical Bulletin 2006; 29(11): 2202-05.
83. Nair SA et al. Antidiabetic and hypoglycaemic properties of *Hemionitis arifolia* (Burm.) Moore in rats. Journal of Ethnopharmacology 2006; 106: 192-97.
84. Naskar S et al. Evaluation of antihyperglycaemic activity of *Cocos nucifera* Linn. on streptozotocin induced type 2 diabetic rats. Journal of Ethnopharmacology 2011; 138(3): 769-73.
85. Ndiaye M et al. Antidiabetic properties of aqueous barks extract of *Parinari excelsa* in alloxan-induced diabetic rats. Fitoterapia 2008; 79(4): 267-70.
86. Nirmala A et al. Hypoglycaemic effect of *Basella rubra* in streptozotocin-induced diabetic albino rats. Journal of Pharmacognosy and Phytotherapy 2009; 1(2): 025-030.
87. Njike GN et al. Hypoglycaemic activity of the leaves extracts of *Bersama engleriana* in rats. African Journal of Traditional, Complementary and Alternative Medicines 2005; 2(3): 215-21.
88. Ojewole JA. (2005). Antinociceptive, anti-inflammatory and antidiabetic effects of *Bryophyllum pinnatum* (Crassulaceae) leaf aqueous extract. Journal of Ethnopharmacology 2005; 99(1): 13-19.
89. Ojewole JA, Adewunmi CO. Hypoglycaemic effect of methanolic extract of *Musa paradisiaca* (Musaceae) green fruits in normal and diabetic mice. Methods and Findings in Experimental and Clinical Pharmacology 2003; 25(6): 453-56.
90. Okokon JE et al. Antidiabetic activities of ethanolic extract and fraction of *Anthocleista djalensis*. Asian Pacific Journal of Tropical Biomedicine 2012; 2(6): 461-64.
91. Orhan N et al. Antidiabetic effect and antioxidant potential of *Rosa canina* fruits. Pharmacognosy Magazine 2009; 5(20): 309-15.
92. Oyedemi S et al. Antidiabetic activities of aqueous stem bark extract of *Strychnos hemingsii* Gilg. in streptozotocin-nicotinamide type 2 diabetic rats. Iranian Journal of Pharmaceutical Research 2012; 11(1): 221-28.
93. Ozolua RI et al. Hypoglycaemic effects of viscous preparation of *Irvingia gabonensis* (Dikanut) seeds in streptozotocin induced diabetic wistar rats. Journal of Herbs, Spices and Medicinal Plants 2006; 12(4): 1-9.
94. Patel DK et al. Antidiabetic and in vitro antioxidant potential of *Hybanthus enneaspermus* (Linn) F. Muell in streptozotocin-induced diabetic rats. Asian Pacific Journal of Tropical Biomedicine 2011; 1(4): 316-22.
95. Pepato MT et al. Assessment of the antidiabetic activity of *Myrcia uniflora* extracts in streptozotocin diabetic rats. Diabetes Research 1993; 22(2): 49-57.
96. Peunqvicha P et al. Hypoglycaemic effect of water extract of the root of *Pandanus odoratus* RIDL. Biological and Pharmaceutical Bulletin 1996; 19(3): 364-66.
97. Peunqvicha P et al. Hypoglycaemic effect of the water extract of *Piper sarmentosum* in rats. Journal of Ethnopharmacology 1998; 60(1): 27-32.
98. Pooja. Hypoglycaemic activity of methanolic extract of *Tectona grandis* Linn. root in alloxan induced diabetic rats. Journal of Applied Pharmaceutical Science 2011; 01(04): 106-09.
99. Prisilla DH et al. Antidiabetic activity of methanol extract of *Acorus calamus* in STZ induced diabetic rats. Asian Pacific Journal of Tropical Biomedicine 2012; 2(2): S941-S46.
100. Prohp TA, Onoagbe IO. Anti-diabetic studies of aqueous extract of *Triplochiton scleroxylon* on platelets and associated parameters in alloxan-induced diabetic rabbits. African Journal of Plant Science 2011; 5(12): 697-701.
101. Pushparaj P et al. Effects of *Averrhoa bilimbi* leaf extract on blood glucose and lipids in streptozotocin-diabetic rats. Journal of Ethnopharmacology 2000; 72: 69-76.
102. Raghu S et al. Antidiabetic activity of *Strychnos potatorum* Linn. seeds against alloxan induced diabetes mellitus in rats. Journal of Pharmaceutical Research and Clinical Practice, 2011; 1(1): 18-26.
103. Rajagopal K, Sasikala K. Antihyperglycaemic and antihyperlipidaemic effects of *Nymphaea stellata* in alloxan-induced diabetic rats. Singapore Medical Journal 2008; 49(2): 137-41.
104. Rajeswari J et al. Antidiabetic activity of chemical characterization of aqueous/ethanol prop roots extracts of *Pandanus fascicularis* Lam in streptozotocin-induced diabetic rats. Asian Pacific Journal of Tropical Biomedicine 2012; 2: S170-S74.
105. Ramakrishna D et al. Evaluation of antidiabetic activity of *Triumfetta pilosa* Roth in streptozotocin-induced diabetic rats. International Journal of Pharma Sciences and Research 2011; 2(3): 98-103.
106. Rao BK et al. Antidiabetic activity of *Terminalia pallida* fruit in alloxan induced diabetic rats. Journal of Ethnopharmacology 2003; 85: 169-72.
107. Rao NK, Nammi S. Antidiabetic and renoprotective effects of the chloroform extract of *Terminalia chebula* Retz. seeds in streptozotocin-induced diabetic rats. BMC Complementry and Alternative Medicine 2006; 6(17): 1-6.
108. Rao TN et al. Antidiabetic activity of leaves of *Talinum portulacifolium* (Forssk) in alloxan-induced diabetic rats. Pharmacologyonline 2007; 2: 407-17.
109. Rehman SU et al. Study on Antidiabetic effect of *Aloe vera* extract on alloxan induced diabetic rats. Libyan Agriculture Research Centre Journal International 2011; 2(1): 29-32.
110. Sabu MC, Kuttan R. Antidiabetic and antioxidant activity of *Terminalia bellerica* Roxb. Indian Journal of Experimental Biology 2009; 47(4): 270-75.
111. Sah SP et al. Hypoglycaemic activity of aqueous extract of *Urtica parviflora* Roxb. in normoglycaemic rats. International Journal of Phytomedicine 2010; 2: 47-51.
112. Saidu AN et al. Phytochemical screening and hypoglycaemic effect of aqueous *Blighia sapida* root bark extract on normoglycaemic albino rats. British Journal of Pharmaceutical Research 2012; 2(2): 89-97.
113. Shajeela PS et al. Potential antidiabetic, hypolipidaemic and antioxidant effects of *Nymphaea pubescens* extract in alloxan induced diabetic rats. Journal of Applied Pharmaceutical Science 2012; 02(02): 83-88.
114. Sharma S et al. (2010). Antidiabetic screening leaves extract of *Holoptelea integrifolia* (Roxb.). International Journal of Pharma Research and Development 2010; 2(10): 66-71.

115. Sharma V et al. Hypoglycaemic activity of methanolic extracts of *Nyctanthes arbor-tristis* Linn. root in alloxan induced diabetic rats. International Journal of Pharmacy and Pharmaceutical Sciences 2011; 3(3): 210-12.
116. Sher H, Alyememi MN. Evaluation of anti-diabetic activity and toxic potential of *Lycium shawii* in animal models. Journal of Medicinal Plants Research 2011; 5(15): 3387-95.
117. Sidhu MC, Sharma T. A database of antidiabetic plant species of family asteraceae, euphorbiaceae, fabaceae, lamiaceae and moraceae. International Journal of Herbal Medicine 2013; 1(2): 152-64.
118. Sidhu MC, Sharma T. Medicinal plants from twelve families having antidiabetic activity: a review. American Journal of PharmTech Research 2013; 3(5): 37-52.
119. Sikarwar MS, Patil MB. Antidiabetic activity of *Crataeva nurvala* stem bark extracts in alloxan induced diabetic rats. Journal of Pharmacy and Bioallied Sciences 2010; 2(1): 18-21.
120. Sindhu T et al. Antidiabetic activity of *Mollugo nudicaulis* against alloxan-induced diabetic rats. International Journal of Applied Biology and Pharmaceutical Technology 2010; 1: 511-19.
121. Singh AK, Singh J. Evaluation of antidiabetic potential of leaves and stem of *Flacourtia jangomas* in streptozotocin-induced diabetic rats. Indian Journal of Pharmacology 2010; 42(5): 301-05.
122. Sujatha S et al. Antidiabetic effect of flower extract of *Antigonon leptopus* Hook and Arn in alloxan-induced diabetic rats. Indian Journal of Pharmaceutical Education and Research 2012; 46(1): 9-16.
123. Sunder AS et al. Antihyperglycaemic activity of *Trianthema portulacastrum* plant in streptozotocin induced diabetic rats. Pharmacologyonline 2009; 1: 1006-11.
124. Sunil C et al. Antidiabetic effect of *Symplocos cochinchinensis* (Lour.) S Moore in type 2 diabetic rats. Journal of Ethnopharmacology 2011; 134(2): 298-304.
125. Sunil C et al. Effect of ethanolic extracts of *Pisonia alba* Span leaves on blood glucose levels and histological changes in tissues of alloxan induced diabetic rats. International Journal of Applied Research in Natural Products 2009; 2(2): 4-11.
126. Sutar NG et al. Antidiabetic activity of the leaves of *Mimosa pudica* Linn in albino rats. Journal of Herbal Medicine and Toxicology 2009; 3(1): 123-26.
127. Syiem D et al. Hypoglycaemic effects of *Potentilla fulgens* L in normal and alloxan induced diabetic mice. Journal of Ethnopharmacology 2002; 83(1-2): 55-61.
128. Tanko Y et al. Hypoglycaemic activity of methanolic stem bark of *Adansonia digitata* extract on blood glucose level of streptozotocin-induced diabetic wistar rats. International Journal of Applied Research in Natural Products 2008; 1(2): 32-36.
129. Tanquilut NC et al. Hypoglycaemic effects of *Lagerstroemia speciosa* (L.) Pers on alloxan induced diabetic mice. Journal of Medicinal Plants Research 2009; 3(12): 1066-71.
130. Teimori M et al. Study of hypoglycaemic effect of *Juglans regia* leaves and its mechanism. Journal of Medicinal Plants 2010; 9(6): 57-65.
131. Thirumalai T et al. Hypoglycaemic effect of *Brassica juncea* (seeds) on streptozotocin induced diabetic male albino rat. Asian Pacific Journal of Tropical Biomedicine 2011; 1(4): 323-25.
132. Thiruvenkatasubramaniam R, Jayakar B. Anti-hyperglycaemic and anti-hyperlipidaemic activities of *Premna corymbosa* (Burm. F.) Rottl on streptozotocin induced diabetic rats. Der Pharmacia Lettre 2010; 2(1): 505-09.
133. Thomson M et al. Antidiabetic and hypolipidaemic properties of garlic (*Allium sativum*) in streptozotocin-induced diabetic rats. International Journal of Diabetes and Metabolism, 2007; 15: 108-15.
134. Udayakumar R et al. Hypoglycaemic and hypolipidaemic effects of *Withania somnifera* root and leaf extracts on alloxan-induced diabetic rats. International Journal of Molecular Sciences 2009; 10(5): 2367-82.
135. Upwar NK et al. Hypoglycaemic effect of methanolic extract of *Berberis aristata* DC stem on normal and streptozotocin induced diabetic rats. International Journal of Pharmacy and Pharmaceutical Sciences 2010; 3(1): 222-24.
136. Veeramani C et al. Antihyperglycaemic effect of *Cardiospermum halicacabum* Linn leaf extract on STZ-induced diabetic rats. Journal of Applied Biomedicine 2008; 6: 19-26.
137. Venkateshwarlu E et al. Anti-hyperglycaemic activity of methanolic extract of *Salacia fruticosa* leaves in alloxan induced diabetic rats. Drug Invention Today 2009; 1(2): 95-97.
138. Viana GSB et al. Hypoglycaemic and anti-lipemic effects of the aqueous extract from *Cissus sicyoides*. BMC Pharmacology 2004; 4(9): 1-7.
139. Wang JC et al. Hypoglycaemic effect of extract of *Hericium erinaceus*. Journal of the Science of Food and Agriculture 2005; 85: 641-46.
140. Yadav JP et al. Hypoglycaemic and hypolipidaemic activity of ethanolic extract of *Salvadora oleoides* in normal and alloxan-induced diabetic rats. Indian Journal of Pharmacology 2008; 40(1): 23-27.
141. Yoshino K et al. Anti-diabetic activity of a leaf extract prepared from *Salacia reticulata* in mice. Bioscience Biotechnology and Biochemistry 2009; 73(5): 1096-1104.
142. Yuan L et al. Hypoglycaemic and hypocholesterolemic effects of *Coptis chinensis* Franch inflorescence. Plant Foods for Human Nutrition 2006; 61(3): 139-44.
143. Zaahkoug SAM et al. Anti-diabetic properties of water and ethanolic extracts of *Balanites aegyptiaca* fruits flesh in senile diabetic rats. The Egyptian Journal of Hospital Medicine 2003; 10: 90-108.
144. Zafar I et al. Study of the hypoglycaemic activity of *Hedera helix* L in alloxan-induced diabetic rabbits. Journal of Medical Sciences 2002; 2(4): 206-08.
145. Zahid H et al. Hypoglycaemic and hypolipidaemic effects of *Mimusops elengi* Linn extracts on normoglycaemic and alloxan-induced diabetic rats. International Journal of Pharmaceutical and Biological Archives 2012; 3(1): 56-62.
146. Zhang W et al. Hypoglycaemic effect of aqueous extract of seabuckthorn (*Hippophae rhamnoides* L.) seed residues in streptozotocin-induced diabetic rats. Phytotherapy Research 2010; 24(2): 228-32.
147. Zhou T et al. Hypoglycaemic and hypolipidaemic effects of flavonoids from Lotus (*Nelumbo nucifera* Gaertn) leaf in diabetic mice. Journal of Medicinal Plants Research 2009; 3(4): 290-93.
148. Zulfiker AHM et al. Antidiabetic and antioxidant effect of *Scoparia dulcis* in alloxan induced albino mice. International Journal of PharmTech Research 2010; 2(4): 2527-34.